



# The YAH Quarterly

*“Work Hard, Play Hard, & Enjoy  
the Wonderful Outdoors “*



Good Sam's Young at Heart

Crossville, TN

Winter, January 4, 2017

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## Key Dates

- Jan 1: **Happy New Year**
- Feb 2: **Groundhog Day**
- Feb 14: **Happy Valentine's Day**
- Feb 15-19: **Florida Winter Rally**
- Mar 12: **Daylight Savings Time Begins**
- Mar 23-26: **Georgia Spring Rally**



**No Meeting in the months of January,  
February or March**

**April Meeting date to be determined.**

**An email will be sent when arranged.**

## Dogs for the Deaf “Fun” Raiser

*by Diane Torgerson*

As the year draws to a close and we all remember the many happy camping experiences we have had, let the Young at Hearts share one more reminder. As a club we raised \$80.00 playing a fun game called “Nickels”. That money has been sent to DOGS for the DEAF. DOGS for the DEAF is a Good Sam endorsed national charity that trains pups to become the ears for hearing impaired folks young and old. Dogs recognize sounds like doorbells, phones, sirens and more and serve in other ways as companions. Thank you to all our members who donated and played. We can be very proud of what the year has accomplished.

## IMPORTANT REMINDER!!

**2017 Member dues!** Please send your \$20 check made out to Young at Heart, to:  
 Robyn Roscoe  
 20 Red Oak Drive  
 Crossville, TN. 38555

## Contacts:

- Marian MacDonald, Pres. 931-484-7200
- Diane Gander, Vice Pres. 954-540-5253
- Robyn Roscoe, Treasurer 252-904-5877
- Diane Torgerson, Secretary 904-501-8265
- Stephanie Ryan, Newsletter 985-285-1120





## From the President!!



Dear Young at Heart Members,

Happy New Year from Ray & me!! Can you believe 2017 is here already?? We hope you all had a wonderful Christmas with family and friends and maybe Santa brought you some goodies for the RV!!

We had a wonderful Christmas party on December 3<sup>rd</sup> at the RV Gardens Community Center with 30 people in attendance. As usual, the superb cooks presented a wonderful feast, from appetizers through dessert. Because we are all "Happy Campers", we had fun and all ate too much!! We had a quick business meeting then exchanged Christmas gifts, so that was fun, with the theme being something useful for the RV. After we cleaned up our dishes and tables we continued having fun playing Nickels, Nickels, Nickels!! and added some donations to our charity "Dogs for the Deaf". We would like to thank all the officers who helped us out with shopping, decorating and planning such a wonderful Christmas party and to thank all the Young at Heart members who attended. As always with our group, no RULES, just have FUN and get to know each other.

I received a nice letter from the Dogs for the Deaf Assoc. thanking us for our \$80.00 donation, so we will try to continue this endeavor, and maybe have a different game to play, or a yard sale to donate our profits. Think about some ideas over the winter and we can discuss this in April 2017.

Most of our group travels over the winter, some to TX, others to AZ or FL and we wish you all safe travels....remember to always carry your Good Sam Road Service card and hope you don't have to use it. Please be aware of your surroundings, because there is crime, pickpockets, scammers, etc. when you are traveling and take extra caution to protect yourselves and your RVs. Not all states we travel in are as honest, hard-working as the folks here in TN, where everyone watches out for their neighbors. Remember that Please and Thank You go a long way.

Keep in touch with other members throughout the long winter, read your articles from Trailer Life or Motorhome, Good Sam/Camping World and check out the prices for Passport America as we use their parks often. If you meet other Good Sam members, tell them about our great group and have them check us out on Facebook too.

Please remember those members who are sick or no longer able to travel with us and please keep in mind all those still suffering from the effects of the fires in Gatlinburg and the area. We all truly have lots to be thankful for and we count our blessings every day, especially with the wonderful new friends from our Young at Heart group.

The Torgersons and Ray & I will be volunteering at the Mfg. Super Tampa RV Show in January, so if you are in the area, give us a call and we can meet you if we plan in advance.

Safe Journeys to all!!

Marian MacDonald, President



## **Natchez Trace/Pin Oak Report**

*by Sherry Merchlelwitz*

This was our first experience with a camp out, and also the first with Good Sam, which included not only our Young at Hearts but also several other groups. As with all camping, we encountered very nice people from all walks of life with a penchant for travel, food, and in this case, games and activities as well.

Buzz and I do our travels in a truck camper, less common in these parts, and thus we are usually on our own and traveling westward! Nonetheless, we embraced the opportunity to see what these gatherings are about and experience somewhat the style of travel engaged in by the big rigs among us!

The Good Sam sponsored a number of events in which we participated. In the mornings and evenings there was generally a pot luck meal, so we learned first hand how much food we could consume and how good it all was! We learned that these campers bring their own plates and utensils, often compartmentalized so different types of samples don't have to run together! Needless to say, it all looked good and we ate way too much.

We sampled a couple of the activities. There was a firing range available at this state park, so we were able to borrow a handgun from another member and get a feel for how to shoot! Buzz has had training in handling guns via the military as well as childhood in the country, but not I, so it was really an experience, particularly for me.

Our Young at Heart planned a day in Jackson, TN during our camp out, so we carpoled to the Casey Jones Museum and the local shops surrounding it. From there we had a private tour of Rusty's TV and Movie Car Museum, during which Rusty himself told us all about the cars he had collected and whether they were originals or reproductions from the various shows. We asked all kinds of questions and he was wonderful in explaining how what was once a hobby begged to be shared with others! He recommended Pizza at the Rockin' Dough in the older part of Jackson, so we followed our GPS's into town. They served us despite being there at an odd time of day with lots of different meal choices.

We decided to stop at Butler's Antiques on the outskirts of Jackson on our way back to the campground, and some of us picked up a few items. It was a large place with lots of old stuff instead of more recent crafted items.

Back at the campground, we learned several different card games, and our charter members were so patient in explaining the rules, as they were all unfamiliar to us! We kept tallies and had a friendly competition for scores. We played until we were tired, or the wonderful campfire outside beckoned us to sit and chat with each other instead.

For us, it was unusual to stay in one place for several days...our truck camper is generally in a different spot every night, as we are focused more on the sights than on the food or social activities Good Sam includes. We enjoyed the change of pace, and the peek at how our other fellow campers do many of their trips.

# Important Dates in 2017

April 27-30 Good Sam Mid TN Regional Rally in Spring Lake, Crossville

Oct 5-8 TN Good Sam Rally at James Ward Agriculture Center, Lebanon



## February Happenings

Feb 2: Groundhog Day

Feb 14: **Happy Valentine's Day**

Feb 15-19: Florida Winter Rally



## March Happenings

Mar 12: **Spring Forward DST**

Mar 23-26: Georgia Spring Rally-  
(Earlybird dates 21-22)



## **Today's Chuckle:**

What has 5 eyes and runs south?

(answer on the last page)

# Come Camp With Us!

# PHOTO FUN



Jackson, TN



Christmas Party buffet



Wildersville, TN



**NO RULES**



Secret Santa gift exchange



Secret Santa gift exchange



Great food & fun!

## Important Websites



Good Sam RV Club:  
[www.goodsamclub.com](http://www.goodsamclub.com)

TN Good Sam: [www.tngoodsam.com](http://www.tngoodsam.com)

TN State Parks: [www.tnstateparks.com](http://www.tnstateparks.com)

Corps of Engineer Parks: [www.recreation.gov](http://www.recreation.gov)

Facebook: [good sam's young at heart](#)



Crossville, TN



# For Sale

No "For Sale" submissions at this time.

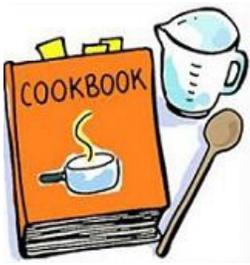
If you have any type of camping item or equipment you would like to sell, please email a description and a picture (if possible) along with your contact information to [stephanie.bunny.ryan@gmail.com](mailto:stephanie.bunny.ryan@gmail.com)



## Wanted to Buy

No "Wanted to Buy" submissions at this time.

If you have any type of camping item or equipment you would like to purchase, please email a description along with your contact information to [stephanie.bunny.ryan@gmail.com](mailto:stephanie.bunny.ryan@gmail.com)



## From the Cookbook

Here are some recipes to keep you warm on a cold winter day

### NEGATIVE CALORIE SOUP:

#### Ingredients:

1 head green cabbage, cut into 1 inch pieces  
1 medium onion, peeled and diced  
4 large carrots, peeled and sliced  
4 stalks celery, sliced  
4 turnips, peeled and cut into cubes  
2 zucchini, peeled and cut into cubes  
2 cans green beans  
32 ounces beef stock or chicken stock, or 16 ounces tomato juice and 16 ounces water

#### Directions:

Combine all ingredients in a stock pot and bring to a boil. Add water, if needed, to cover all vegetables. Reduce heat to a moderate simmer and cover. Cook about 1 hour, or until all vegetables are tender. Eat as much soup each day as you want. The more you eat the more you lose. (You may add seasoning such as oregano, thyme, old bay or whatever you like. Varying the seasoning varies taste of soup so you don't tire of it.



### NAN'S BEEF CHILI

#### Ingredients:

2 lbs. ground beef	¼ cup chili powder
4 tsp chopped garlic	2 tbsp flour
1 tbsp shortening	1 tbsp salt
2 tsp cumin powder	¼ tsp pepper
1 onion, chopped	3 cups water
1 sm can tomato paste	1 sm/med (to taste) can tomato sauce

#### Instructions:

Put ground beef, onion, and garlic in hot shortening in a 4 qt. pot and cover and cook on low for about 15 minutes or until cooked through. Add tomato paste and sauce to the pot. Next, combine cumin, chili powder, flour, salt and pepper; add to cooked meat mixture and stir well. Add water and cook slowly for 30 minutes. Yields: 6 servings

Serve with a sprinkling of cheddar cheese and a dollop of sour cream on top and crackers or crusty bread.



LaNell & Max Jones  
 Marian & Ray MacDonald

# Groundhog's Day Word Search

G	N	H	L	R	W	W	U	H	E	W	Q	R	O	K
S	N	T	C	A	O	C	N	S	T	C	F	E	Z	F
P	H	C	C	R	V	G	R	O	U	N	D	H	O	G
R	O	A	R	Y	Y	I	S	M	X	P	T	T	M	B
I	U	U	D	N	R	E	T	N	I	W	E	A	C	T
N	B	C	L	O	U	D	Y	S	J	B	Z	E	W	C
G	Z	B	D	B	W	D	V	R	E	D	Y	W	L	N
N	O	I	T	I	D	A	R	T	I	F	H	O	T	S

burrow  
 cloudy  
 festival  
 groundhog  
 shadow  
 sleep  
 spring  
 tradition  
 weather  
 winter



## Birthdays and Anniversaries



Randy Ryan.....Jan. 20  
 Stephanie Ryan.....Jan. 22  
 George Gandero.....Mar. 7  
 Jim Torgerson.....Mar. 26

Diane & George Gandero.....33 years  
 January

(Answer: The Mississippi River)